



Copia Photo 7480



Copia Photo 7482

1. - The pro tip of the month is about grip pressure. Most of the players I know, from scratch golfer to weekend golfer struggle to grip the club with a soft even grip pressure through out their swings. As a result the club face can't rotate freely at impact with the subsequent loss of power and slice. Here I am over the ball where we should feel nice hanging relax arms and hands.



Photo 7475

2. - I have now reached the top of the back swing, where my club got there gliding thanks to a soft even grip pressure. With a bit of imagination the club is going to feel like a tube of tooth paste with no cap on.



Photo 7485

3. - Here we go! The transition, the most critical moment of the golf swing. Most golfers would now regrip with tons of pressure in their grips, with fatal results in the trajectories of their shots. We should then stay soft in the grip pressure. An even grip pressure is the secret for power and balance. When we achieve this we get into passive hands at impact. Let's have a look at it.



Photo 7484

4. - Just perfect! The back of my left hand is facing the target. My hands are staying passive through impact which will deliver the intended trajectory and power. That's why I was able to keep the tooth paste in the tube! Had my grip pressure increased

coming down to the ball this would have never been possible and I could no square up the club face to the target. Let's have a look at the wrong grip pressure and position.



Photo 7488

5. - Oooooooooopsss! May Day! May Day! Golf ball flying far right! And short distance! The tooth paste is being spread all over the deck. If I griped knife and fork this hard I would starve to death!

Remember, Grip it soft through out your swing with an even grip pressure.

Hit it high and watch it fly there is no bunkers in the sky!

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